



## NEWSLETTER 2019 Edition 6

### Playing netball makes us all jump for joy!



We have played six rounds to date so it's time for a small break to re-energize! It's the long weekend this week so there are no games on Friday night or Saturday. It would appear that the break has come at just the right time with the winter weather really setting in. With no games this week not all teams are training so remember to check in with your Coaches or Managers to see what is happening.

*Enjoy the break netball family and stay warm!*

### UPCOMING EVENTS

It's the Queen's Birthday long weekend this weekend so enjoy the week off.

- 14<sup>th</sup> June 2019 - NetSetGO Round 7
- 15<sup>th</sup> June 2019 - Round 7 Winter Competition

### Are you being cheeky?

Are you wearing the right briefs under your netball dress? Please ensure you are wearing full coverage briefs. We recommend Boyleg navy briefs under your dress.

### Umpiring News



Thank you to all for their service during Round 6 and again thank you all for accommodating our several changes due to injury or illness. Thank you to Lilly Morris on behalf of Hills Grammar for covering a game that there umpire had missed.

Umpires please do remember that we are here to control the game but we need to remain approachable. A good flowing game will have minimal whistle activity. Be mindful of the age, and whilst maintaining protocol is important, common sense should always prevail.

Congratulations to two more umpires who have successfully received their next level district badge. Evelyn Davidson was awarded her District Green badge - her positioning, terminology

& manner allowed the game to flow. Her growing confidence is evident in each additional game that she umpires - well done Evie. The other district badge was awarded to Rachel Kelly - Rachel is a seasoned netballer & umpire who came to our club approximately 3 seasons ago and has this season picked back up the whistle to join Oakhill's team white. Congratulations to Rachel on receiving her District GOLD badge. District GOLD at BHSNA is the highest level before hitting National C and above.

Rachel has a great understanding of the rules & control of the game which makes her a confident Senior games umpire.



## Round 6 Results

Team #	Grade	v s	Opposing Team	Result	Score	Current Place
21	11C2		Kellyville	Loss	1   23	8 <sup>th</sup>
20	11B		Nagle	Win	22   18	6 <sup>th</sup>
19	12D1		St Bernadettes	Loss	14   19	2 <sup>nd</sup>
18	12B1		Glenwood	Win	17   12	4 <sup>th</sup>
17	13D2		St Michaels	Win	24   21	1 <sup>st</sup>
16	13B		Glenhaven	Win	34   24	1 <sup>st</sup>
15	15B		Glenhaven	Loss	25   33	5 <sup>th</sup>
14	17D2		RHAC	Win	31   24	3 <sup>rd</sup>
13	17C2		Rams	Win	54   25	1 <sup>st</sup>
12	Open D (Kylie K)		Winston Hills	Win	24   21	4 <sup>th</sup>
11	Open D (Lilly M)		RHAC	Win	49   12	1 <sup>st</sup>
10	C4 (Jessica G)		Winston Hills	Loss	36   51	7 <sup>th</sup>
9	C4 (Narelle H)		Model Farms	Win	38   36	2 <sup>nd</sup>
8	C1 (Kati H)		Impalas	Win	37   29	5 <sup>th</sup>
7	C1 (Milica R)		Pacific Storm	Win	65   21	1 <sup>st</sup>
6	B5 (Kiri B)		Castle Hills Sports	Loss	25   38	7 <sup>th</sup>
5	B5 (Michelle P)		St Pauls	Win	59   31	2 <sup>nd</sup>
4	B3 (Kim D)		North Rocks	Loss	23   41	6 <sup>th</sup>
3	B1 (Katelyn A)		OLOL	Loss	32   40	4 <sup>th</sup>
2	B1 (Annette S)		Castle Hills Sports	Loss	39   40	2 <sup>nd</sup>
1	A2 (Millie M)		Baulkham Hills Sports 5	Loss	34   36	6 <sup>th</sup>

We currently have a number of teams that are undefeated going into Round 7, well done to those teams. Our 13B team, who is currently undefeated, meet Kellyville in Round 7, who is also undefeated. This top of the table clash should be one to watch so make sure you come and support our 13B team at 12pm, Court 22!

### ATTENTION ALL COACHES: Round 8 Derby and Insiders Workshop

This event is not to be missed! We are very excited to invite you to the Netball NSW 2019 Insiders Coaching Workshop - Round 8 Derby on Sunday 16 June. **REGISTRATIONS ARE NOW OPEN** - don't miss this fantastic opportunity.

- Go to your MyNetball page and Login and Register through the on line learning tab – *Search Insiders Coaching Workshop*



#### NSW Swifts v GIANTS Netball

Netball NSW invites you to attend the Round 8 Derby and INSIDERS workshop

A Game not to be missed

Pre-Match Strategies & Q & A with the GIANTS Netball Coaching Team

3pm The Match

Post-Match - Strategy Insight with the NSW Swifts Coaching Team

Workshop Registration commences at 1.00pm for 1.20pm Start and concludes at 5.20PM

Ticket Cost: \$75 per person

Cost includes light lunch, ticket to the game and afternoon tea

Registrations close at 4:00pm AEST, Tuesday 11 June.

To register for this package, access your MyNetball participant login and follow the links to select and enrol

[Browse Available Courses – Insiders Coaching Workshop](#)

**REGISTER NOW**



## The Under 7s just enjoy the excitement of a 'real game'!



The 7s have settled in well to their first season of netball, with five games under their belts now. Although some of them participated in the NetSetGo skills sessions run last year, the excitement of a real game is a whole new experience for them all. With 10 girls in the team this year, there is plenty of time off the court for them all, but this does not dampen their spirits. Every Friday night they turn up and are so excited to be there and playing a game of netball, cheering the rest of the team on, or practicing their netball skills on the sideline. It is great to see such an enthusiastic start to their netball journey!

This week the Oakhill 7s played Glenwood in a tight contest. Celina, Ruby, Sofia and Scarlett played a tight defensive game, "sticking like glue" to their players. Skyla, Kate and Siena played well in the centre court, moving around well and finding a free space. This week our

shooters were Florence, Alicia and Brianna. All three girls had some fantastic shots on goal and Alicia got one through the ring, which is always very exciting in a 7s netball game! I couldn't be prouder of all of the girls in the 7s team this year – they all put in 100% every game and are just excited to be there and joining in. I am looking forward to seeing their progress through the rest of the season.

*Written by Julie Wallace, Under 7s Coach*

## Working together the 12B1s secure a win over the top team



### **Oakhill v Glenwood WON: 17 to 12**

WOW what a great effort by our 12b1's , with no reserves and a slight change to our defense end to accommodate, the girls played hard to come away with a 5 goal win over the TOP team. Our shooting team of Aly & Ari showed that weeks of playing together, looking for each other & trusting the shots definitely pays off.

Mid court were all where they should have been, working with each other & staying to their sides, well done Charlotte, Chloe & Harine - not to be outdone and defense end of Leyla & Bridgette were just too good for the top team. Brilliant anticipation & the best rebounding I've seen to date. Our backline throw ins, and penalty taking seemed to flow effortlessly this week.

After 6 rounds of playing together the team has really started to gel and they now look like they've all played for years.

Super proud of you all girls.

Thank you to this weeks assigned Umpire - Kelly Simmons - she did an awesome job.

*Written by Kim Davis, 12B1s Coach*



## You Grow Girl...Woolworths is here to help!



Picked for netball

Have you seen the new competition that Woolworths are running?

You can apply for the chance for Woolworths to visit your training session during the week, where you will receive a special visit from a Suncorp Super Netball player, who will provide insights into what it takes to become the best player a girl can be both on and off the court, nutritional tips on how players in the club can grow healthy and grow strong, and provide a skills and drills clinic which will get you a step closer to becoming the best player you can be.

For full details and to enter visit the Woolworths website -

<https://yougrowgirl.netball.com.au/woolworths-club-visits-and-clinics/>

## Active Kids Vouchers – Is your child playing another sport this year?



Many of you used the Active Kids Vouchers when registering for netball this year so we thought we would remind you all that a second voucher will be available to you all soon. Whilst this can't be used towards your winter netball registration (as this is already paid) you can use it for another sport your child may play or perhaps a Summer competition. Details of the second voucher are below.....

With your support, over a million children have enjoyed

a more active lifestyle through the Active Kids program.

**From 1 July 2019 two \$100 Active Kids vouchers will be available.**

The intention of the second voucher is to encourage children to keep active year-round. It also provides the option for them to try a different sport or activity.

### Provider rules for application of the second Active Kids voucher:

- The second \$100 Active Kids voucher will be available from 1 July 2019
- All vouchers are valid to 31 December
- All vouchers continue to be transacted in the same way
- The two vouchers cannot be used as a single \$200 transaction for the same sport/activity (however it can be used for a different activity with the same provider)

Why not encourage them to do your sport or activity?

## Come and cheer on our Baulkham Hills Representative Teams at State Titles

Below is a list of all games Baulkham Hills Representative Teams – 15 years, 17 years and Opens will be playing in over the June Long Weekend at Campbelltown Netball Complex.

All teams would love to have the support of our members as they play in the Senior State Titles for 2019.

Rnd	Day	Time	15 years		17 years		Opens	
			court	playing	court	playing	court	playing
1	Saturday	9:30	12	Sutherland	11	Maitland		
2	Saturday	10:00					19	Parramatta Auburn
3	Saturday	10:30	20	Campbelltown	8	City of Sydney		
4	Saturday	11:00					22	Charlestown
5	Saturday	11:30	23	Inner West	3	Hastings Valley		
6	Saturday	12:00					20	Manly
7	Saturday	12:30	19	Ku-ring-gai	5	Blue Mountains		
8	Saturday	1:00					19	Quirindi
9	Saturday	1:30	21	Penrith	2	Westlakes		
10	Saturday	2:00					23	Kurri Kurri
11	Saturday	2:30	12	Orange	5	Tuggeranong		
12	Saturday	3:00					12	St George
13	Saturday	3:30						
14	Sunday	8:30						
15	Sunday	9:00	9	St George	14	Blacktown	29	Bankstown
16	Sunday	9:30						
17	Sunday	10:00	9	Westlakes	14	Ballina	36	Queanbeyan
18	Sunday	10:30						
19	Sunday	11:00	3	Wyong	16	Dubbo	25	Illawarra
20	Sunday	11:30						
21	Sunday	12:00	8	Camden	14	Bathurst	39	Newcastle
22	Sunday	12:30						
23	Sunday	1:00	10	Eastwood Ryde	12	Griffith	24	Hills
24	Sunday	1:30						
25	Sunday	2:00	3	Manly	14	Great Lakes	36	Westlakes
26	Sunday	2:30						
27	Sunday	3:00	2	Norths	22	Shoalhaven		
28	Sunday	3:30						
29	Monday	8:30	37	Bankstown			7	Penrith
30	Monday	9:00			37	Southern Highlands		
31	Monday	9:30	37	Wagga Wagga			3	Blacktown
32	Monday	10:00			35	Charlestown		
33	Monday	10:30	37	Liverpool			11	Randwick
34	Monday	11:00			30	Hawkesbury		
35	Monday	11:30	39	Gosford			11	Inner West
36	Monday	12:00			35	Barellan		
37	Monday	12:30	35	Newcastle			7	Campbelltown
38	Monday	1:00			35	Muswellbrook		
39	Monday	1:30	30	Hills			9	Young
40	Monday	2:00			25	Inner West		





# INTERNATIONAL NETBALL FESTIVAL GOLD COAST 2020

**ENQUIRE NOW**

**REGISTRATIONS CLOSE 6 APRIL 2020**

[www.internationalnetballfestivals.com](http://www.internationalnetballfestivals.com)

**TOUR DATES**  
**14-22 APRIL 2020**

**GAME DAYS\***

**THU 16 APRIL 2020**

**SAT-SUN-MON 18-20 APRIL 2020**

## PACKAGE INCLUSIONS

**Return flights**  
**8 night's accommodation**  
**12 seater mini buses**  
**Travel insurance**  
**Meals**

## FESTIVAL INCLUSIONS

**Meet and Greet dinner**  
**Opening Ceremony**  
**Managers' meeting & info bags**  
**Four game days**  
**Netball Clinic with Qld Firebirds**  
**Umpires**  
**First aid onsite**  
**Souvenir program, singlet & action photos**  
**Lunch or light dinner on game days**  
**Festival dinner**  
**Trophies**  
**Participation medals**



\*Dates subject to change



Happy Snaps – Round 6







Enjoy the weekend and see you in Round 7 on the 14<sup>th</sup>/15<sup>th</sup> June