



NEWSLETTER 2018 Edition 6

Round 5 was a winning week!

Let's review the netball week that was.....

- We celebrated the contributions that volunteers make to our game.
- 14 out of 18 teams had a win for the week!
- 6 teams are sitting in first place on their ladder, with 12 in the top four.
- Our two NetSetGO teams are settling into Friday night netball and learning some great skills and loving their netball.
- Alexis Masterton from Oakhill umpired at the BHSNA carnival with great feedback.
- The Swifts and the Giants both won on the weekend.
- Club Photo Day has been booked in for Saturday 4th August. Further details to be communicated closer to the date.

UPCOMING EVENTS – Round 5 and 6

Round 5 is a normal round for NetSetGO. Rug up it is sure to be a chilly one on Friday night.

Round 6 on Saturday is a normal round for everyone. Good luck and have a great game.

Club Photo Day – 4th Aug

Club Photo Day is scheduled on Saturday 4th August.

Presentation Day 13th October 2018

SAVE THE DATE: The Oakhill Drive Netball Club Presentation will be held on the 13th October 2018. Put it in your diaries!



Round 5 Results

Team #	Grade	vs	Opposing Team	Result	Score		Current Place
18	10D1		St Michaels	Loss	3	21	4th
17	10C2		Castle Hills Sports	Win	20	0	1st
16	11D2		Glenhaven	Win	14	3	1st
15	11B		Castle Hill Sports	Win	17	6	3rd
14	12B2		OLOR	Win	39	6	5th
13	13D1		St Bernadettes	Win	22	16	5th
12	14C1		Rams	Win	36	34	5th
11	15D2		Glenwood	Win	47	11	3rd
10	17D2		Glenwood	Loss	17	36	8th
9	17D1		Rams	Win	43	21	1st
8	Open D1		RHAC	Win	40	33	1st
7	Open C4		St Bernadettes	Win	51	33	2nd
6	Open C1		Impalas	Win	32	25	1st
5	Masters A/B		Impalas	Loss	16	53	7th
4	Open B5		OLOL	Loss	29	36	2nd
3	Open B5		St Pauls	Win	51	35	5th
2	Open B3		Pacific Storm	Win	36	33	2nd
1	Open B2		Castle Hill Sports	Win	37	29	1st

Round 5 was a winner with 14 wins overall! Well done Oakhill girls.

Congratulations to Alexis

Congratulations to Alexis Masterton who umpired at the netball carnival held by BHSNA on Sunday. The feedback we received was that she did a fantastic job. It's great to see her gain more umpiring experience. Keep up the good work Alexis!



Oakhill Netball is on Team App


OAKHILL NETBALL NOW HAS ITS OWN APP




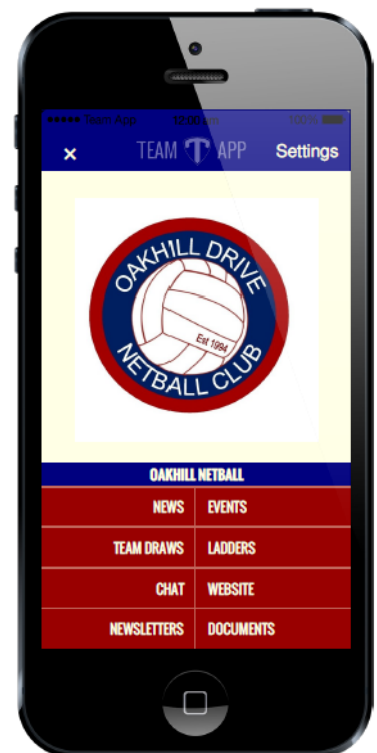
Download our awesome new app now and stay up to date with all the latest information!

Install the Oakhill Netball App on your smartphone or tablet now!

Follow these steps:

1. Download Team App from the Apple or Google Play app store.
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2. Sign up to Team App. You will be sent an email to confirm your registration.
 3. Log into the App and search for "Oakhill Netball".
 4. Choose your applicable access group(s).
 5. If you don't have a smartphone go to oakhillnetball.teamapp.com to sign up and view this App online.



Need help?

Contact: Kim Pattison

Email: odnc_comms@yahoo.com



Woohoo our first win of the season!!! We've had some really close games recently but unable to pull in the win so was a great confidence boost for the girls this week. They're passing and movement on the court has seen a huge improvement as we begin to understand how to better use the space on the court. Our two new players are also starting to look more comfortable on the court which is fantastic to see. A huge effort this week girls, keep practicing and developing your skills and I'm certain there will be many more wins to come your way.

Written by Kiri Bowcock, Coach for 12B2s



"Shoosh" for kids – Encourage, Praise, Clap and Cheer

Thank you to all coaches, managers, umpires, parents and volunteers for supporting "Shoosh" round:

This was a weekend for kids to make decisions for themselves, without having adults shout 5/6 different instructions at them. We now know that when adults scream from the sidelines they're not just invading the children's play time, they're preventing children from learning the game in a natural manner. With the sidelines quiet, players have the chance to concentrate, make their own split-second decisions and learn by them. Instead of being distracted by the stream of noise that usually exists, the children have the opportunity to communicate with one another, deciding who needs to take passes, throw ins etc during the game. This also gives them time to think and focus on what they are doing.

It's really important that we allow the kids to take control of their game. We see it all the time, where parents/coaches go over the entire game and point out the child's mistakes. Not even adults like to hear about the things they did wrong. Children need praise not criticism. Providing feedback on they did wrong or expressing your disappointment in their play is NOT what they need to hear.

The main objective of "Shoosh" round is to encourage safe participation for players and spectators.

- To encourage coaches to observe, take notes and coach only when absolutely required.
- To allow children's voices to be heard over adults voices.
- To not get so emotionally involved with their child's sport.
- To allow children make mistakes without being ridiculed.
- To allow the children to make their own decisions, helping them learn the game in a natural manner.
- To bring more FUN back into the game.

Going forward Oakhill Drive Netball will be encouraging less coaching and directing from the sideline, let's all "Encourage, Praise, Clap and Cheer" our players.

"We want the netball experience we offer to be a positive and happy place for kids so that they want to continue to participate in sport for many years to come."



BE INSPIRED AND FIND YOUR POTENTIAL WITH SOME OF AUSTRALIA'S BEST!

Come join NSW Swifts stars Claire O'Brien, Maddy Proud, Sophie Garbin + Junior Australian Player and former Baulkham Hills Junior Star Tayla Fraser for an intensive 3 hour clinic!

LIMITED SPACES

**Where: Baulkham Hills Netball Courts
LOT 1 Wellgate Ave, Kellyville NSW 2155**

When: Wednesday the 11th of July

Time: 9am-12pm

Cost: \$39



HDNA will be running a Netball All Stars group for players with an intellectual disability in 2018.

- Who:** Players aged 8 or above
- Where:** Netball Complex, Pennant Hills Park
- When:** Friday nights May – August, 5.15pm – 6.30pm each week
- Sessions:** Sessions will be made up of warm up activities, skills practice and some game play. It is anticipated that the group will enter at least one carnival throughout the season, depending on the number of registrations and age group of participants.
- Cost:** \$50. This covers player registration and insurance in addition to carnival entry fees.

To register for the program, complete the registration form below and send to:
hdnaallstars@gmail.com

Snap Shots

We love to include snap shots of our players each week and the girls love to see photos of themselves and each other in the newsletter.

If you have any photos you would like included in the newsletter, feel free to send them through to odnc_comms@yahoo.com

ROUND 5 Snap Shots.....



Round 6 is here.....GO OAKHILL!